



LA TOUR A.C.
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Office Report on
Milagro De La Selva Tea for oral Diabetes-2 control.

Six (6) volunteer patients of both sexes between ages 54 and 65, each with confirmed non-insulin-dependent Diabetes-2 diagnosis, drank daily 1 liter of Milagro De La Selva Tea prepared in conformity with the manufacturer's directions¹, from October 6, 2002 to January 6, 2003.

All six patients suspended their previous oral hypoglycemic prescription medications three (3) days prior to beginning the herein described test, and used the above identified Tea as monotherapy. During the first ten (10) days of treatment glucose readings were performed daily; thereafter weekly till January 17, 2003, that is till eleven (11) days after ending the programmed test period.

The following table contains the monthly results:

	Test 1	Test 2	Test 3	Test 4
PATIENT ID:	Date 10-6-02	Date 11-7-02	Date 12-6-02	Date 1-17-03

¹ See attached rationale and source data.

5511/02 GV Age 65 M	Glucose: 238 T. Cholesterol 228 Triglycerides 178	Glucose: 147 T. Cholesterol 202 Triglycerides: 140	Glucose: 101 T. Cholesterol: 186 Triglycerides: 132	Glucose: 110 T. Cholesterol: 190 Triglycerides: 122
5512/02 OJ Age 58 F	Glucose: 304 T. Cholesterol: 231 Triglycerides: 138	Glucose: 127 T. Cholesterol: 178 Triglycerides: 112	Glucose: 98: T. Cholesterol: 172 Triglycerides: 108	Glucose: 110 T. Cholesterol: 192 Triglycerides: 114
5513 VK Age 59 M	Glucose: 320 T. Cholesterol: 238 Triglycerides: 210	Glucose: 106 T. Cholesterol: 187 Triglycerides: 145	Glucose: 92 T. Cholesterol: 180 Triglycerides: 128	Glucose: 94 T. Cholesterol: 190 Triglycerides: 150
5514/02 DDJ Age 54	Glucose: 290 T. Cholesterol: 246 Triglycerides: 256	Glucose: 138 T. Cholesterol: 184 Triglycerides: 193	Glucose: 104 T. Cholesterol: 188 Triglycerides: 150	Glucose: 110 T. Cholesterol: 192 Triglycerides: 156
5515/02 OFM Age 62 M	Glucose: 210 T. Cholesterol: 194 Triglycerides: 178	Glucose: 110 T. CholesterolL 178 Triglycerides: 166	Glucose: 94 T. Cholesterol: 180 Triglycerides: 132	Glucose: 98 T. Cholesterol: 190 Triglycerides: 170
5516/02 ES Age 63 F	Glucose: 284 T. Cholesterol: 216 Triglycerides: 120	Glucose: 103 T. Cholesterol: 181 Triglycerides: 104	Glucose: 88 T. Cholesterol: 178 Triglycerides: 107	Glucose: 92 T. Cholesterol: 180 Triglycerides: 118

OBERVATIONS:

1. No side effects were reported.
2. 3 patients reported increased energy levels.
3. All patients obeyed the following dietary restrictions:
 - No sugar & derivatives,

- Low fat foods;
- No shellfish and skinfish;
- No pork & derivatives;
- No hot spices;
- No distilled spirits. Not more than two beers or glasses or wine daily.

INTERPRETATION:

- 2 of the 6 patients showed stable blood sugar levels eleven (11) days after suspension of the Milagro De La Selva Tea intake.
- 4 of the 6 patients showed tendency to moderate blood sugar level increase.
- All patients began the test with moderately increased lipid panel readings.
- All patients showed stable improvements of their lipid panel readings.

CONCLUSIONS:

- The participating physicians agree that the Milagro De La Selva Tea
1. has operative effects on human blood sugar levels;
 2. has modulating effects on most lipid values in diabetes-2 patients;
 3. the results obtained with the above reported six (6) diabetes-2 justify the performing of an in-depth clinical study.

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